

PROJECT TEAM AND PEOPLE MANAGEMENT

Relationship Improvement Exercise

Extravert

Sensor

Thinker

Judger

Introvert

Intuitive

Feeler

Perceiver

My Style Is:	
The Other Person's Style Is:	

Similarities in Style that cause conflict or discomfort are:
Differences in Style that cause conflict or discomfort are:
Similarities in Style that support the relationship are:
Differences in Style that support the relationship are:
Actions I can take to improve the relationship are: (Hint: Build on your strengths)